

Life Force Ninja Team Code of Conduct

The mission of the Life Force Ninja team is to foster a community of athletes while developing individual strength, skill, and confidence in the sport of ninja and in life. This code of conduct outlines the behavior expected of all team athletes, to nurture a safe and inclusive environment. We expect our athletes to do their best to follow these policies when attending team practices, classes, open gym, and when visiting other gyms. As a Life Force Ninja team athlete, you are an ambassador for the sport as well as our local ninja community! We thank you for putting forth your best effort to follow these policies and show respect for all those around you.

1. I will show good sportsmanship to athletes, coaches, officials, opponents, and parents at all times.
2. I will learn the value of commitment by participating in as many practices and competitions as I can.
3. I will attend all practices and team meetings unless excused by my coach.
4. I will arrive at practice on time and be ready to dedicate my attention to my coaches.
5. I will encourage my teammates and praise good efforts.
6. I will be honest, fair, and respectful to others at all times.
7. I will respect other's belongings; I will not take / hide anything that doesn't belong to me.
8. I will set a good example of behavior and show a good work ethic.
9. When I cheer for my teammates, I won't get personal in my comments about opposing players, coaches, or officials.
10. I will show respect for all facilities and other property used during practices, competitions, and team activities at my home gym and while visiting other gyms.
11. I will represent my team at all competitions I attend by wearing my Life Force Ninja team jersey or shirt.
12. I will not allow others' negative sportsmanship to become an excuse to do the same.
13. I will not use profanity or vulgarity or make racist, sexist, or anti-LGBTQ+ comments. *
14. I will not physically touch my teammates unless mutually agreed upon and in a supportive manner, such as a high five, a fist bump, a hug, playful banter, or during team exercises directed by a coach. *
 - Slapping, kicking, tripping, hitting will not be tolerated even if in a joking manner

** Underlined items are considered "zero tolerance" behaviors and may result in temporary or permanent suspension from the team, given the severity of the situation. If any team members are witnessing and/or experiencing these behaviors, please let a coach know as soon as possible.*

Signature of Athlete _____ Date _____

Signature of Parent _____ Date _____